

Northern Lights Intergroup Spring Retreat

Bloom Into Recovery

Location: Providence Renewal Centre 3005 119 St NW, Edmonton, AB T6J 5R5, Canada

Date: Friday May 3 to Sunday May 5, 2024

Times: Friday Registration Opens @ 5:30 PM; Saturday Registration Opens @ 8:45 AM; Sunday Doors Opens @ 8:45 AM

50/50 Tickets Special Speaker Clothing Boutique Fellowship Raffle Literature Table God Boxes Affirmation Notes

Reintroducing Saturday evening Body Image, Sexuality, and Relationship session

Donation Information

Raffle (Please contact Bev to donate raffle item(s): stroud96@hotmail.com) Clothing Boutique (Please contact Kaitlin to donate gently used clothing: kaitlinsaskatoon@gmail.com)

Registration

Early Bird Incentive (Full Weekend Rate Only) \$75 (must register prior to April 1st) Friday Only \$25 Saturday Only \$60 Sunday Only \$20 Full Weekend \$80 ***Bursaries available (Deadline April 1st): Bursary info available on oaedm.com https://www.oaedm.com/uploads/1/4/1/2/141227151/part-4-appendix-c-bursaries-1.pdf

Accommodation and Meals

Are available at the Providence Renewal Centre (booking of meals and rooms closes April 25th) Note: Meals may not be abstinent friendly Single Room (shared bathroom) \$60/night (limit of 15 Single rooms available) Suites (include in-suite bathroom) (Limit of 5 suites available) Single occupancy \$80/night Breakfast (Saturday & Sunday) \$15/day Lunch (Saturday & Sunday) \$20/day Dinner (Saturday) \$20

Click link below to register

https://form.jotform.com/240666171453052

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*Note: Times may be adjusted if required

Itinerary of Events

OA NLI Spring Retreat 2024

Friday May 3 Evening

4:30 to 5:30 Prep and Decorating for committee & volunteers 5:30 to 6:30 Registration 6:30 to 7:00 Opening Comments. Readings and Introductions 7:00 to 8:00 Speaker 8:00 to 8:20 Break 8:20 to 9:00 Speaker and Q&A

Saturday May 4

7:30 to 8:00	Group Meditation
8:00 to 8:45	Breakfast @ Providence
8:45 to 9:15	Registration
9:15 to 9:45	comments, Readings, and Introductions
9:45 to 10:30	Speaker
10:30 to 10:50	Break
10:50 to 11:15	Group Activity
11:15 to 12:00	speaker and Q&A
12:00 to 12:45	Lunch at providence
1:15 to 1:30	Welcome back and get going
1:30 to 2:30	speaker
2:30 to 2:50	break
2:50 to 3:15	Group Activity
3:15 to 4:00	speaker and Q&A
4:00 to 4:10	mini break (End of Raffle and 50/50 Ticket sales)
4:10 to 5:15	NLI business stuff
5:15 to 5:30	Raffle and 50/50
5:30 to 6:00	Supper at providence
7:30 to 9:00	Body, Sexuality and Relationship Session (will include a break)

Sunday May 5

8:00 to 8:45	Breakfast @ Providence
8:45 to 9:15	Welcome Table
9:15 to 9:30	Group Meditation
9:30 to 10:30	Speaker
10:30 to 10:50	Break
10:50 to 11:15	Speaker Q&A
11:15 to 11:45	Closing and thank you
11:45 to 12:00	Clean up and goodbyes