

# Northern Lights Intergroup Spring Retreat

# Bloom Into Recovery

# Location: Providence Renewal Centre 3005 119 St NW, Edmonton, AB T6J 5R5, Canada

Date: Friday May 3 to Sunday May 5, 2024

Times: Friday Registration Opens @ 5:30 PM; Saturday Registration Opens @ 8:45 AM; Sunday Doors Opens @ 8:45 AM

50/50 Tickets Special Speaker Clothing Boutique Fellowship Raffle Literature Table God Boxes Affirmation Notes

#### \*\*\*Reintroducing Saturday evening Body Image, Sexuality, and Relationship session\*\*\*

## Donation Information

Raffle (Please contact Bev to donate raffle item(s): stroud96@hotmail.com) Clothing Boutique (Please contact Kaitlin to donate gently used clothing: kaitlinsaskatoon@gmail.com)

#### Registration

Early Bird Incentive (Full Weekend Rate Only) \$75 (must register prior to April 1st) Friday Only \$25 Saturday Only \$60 Sunday Only \$20 Full Weekend \$80 \*\*\*Bursaries available (Deadline April 1st): Bursary info available on oaedm.com https://www.oaedm.com/uploads/1/4/1/2/141227151/part-4-appendix-c-bursaries-1.pdf

#### Accommodation and Meals

Are available at the Providence Renewal Centre (booking of meals and rooms closes April 25th) Note: Meals may not be abstinent friendly Single Room (shared bathroom) \$60/night (limit of 15 Single rooms available) Suites (include in-suite bathroom) (Limit of 5 suites available) Single occupancy \$80/night Breakfast (Saturday & Sunday) \$15/day Lunch (Saturday & Sunday) \$20/day Dinner (Saturday) \$20

## Click link below to register

https://form.jotform.com/240666171453052

### Bloom Into Recovery Friday May 3 to Sunday May 5

\*Note: Times may be adjusted if required

Itinerary of Events

OA NLI Spring Retreat 2024

#### Friday May 3 Evening

4:30 to 5:30 Prep and Decorating for committee & volunteers 5:30 to 6:30 Registration 6:30 to 7:00 Opening Comments. Readings and Introductions 7:00 to 8:00 Speaker 8:00 to 8:20 Break 8:20 to 9:00 Speaker and Q&A

#### Saturday May 4

7:30 to 8:00	Group Meditation
8:00 to 8:45	Breakfast @ Providence
8:45 to 9:15	Registration
9:15 to 9:45	comments, Readings, and Introductions
9:45 to 10:30	Speaker
10:30 to 10:50	Break
10:50 to 11:15	Group Activity
11:15 to 12:00	speaker and Q&A
12:00 to 12:45	Lunch at providence
1:15 to 1:30	Welcome back and get going
1:30 to 2:30	speaker
2:30 to 2:50	break
2:50 to 3:15	Group Activity
3:15 to 4:00	speaker and Q&A
4:00 to 4:10	mini break (End of Raffle and 50/50 Ticket sales)
4:10 to 5:15	NLI business stuff
5:15 to 5:30	Raffle and 50/50
5:30 to 6:00	Supper at providence
7:30 to 9:00	Body, Sexuality and Relationship Session (will include a break)

#### Sunday May 5

8:00 to 8:45	Breakfast @ Providence
8:45 to 9:15	Welcome Table
9:15 to 9:30	Group Meditation
9:30 to 10:30	Speaker
10:30 to 10:50	Break
10:50 to 11:15	Speaker Q&A
11:15 to 11:45	Closing and thank you
11:45 to 12:00	Clean up and goodbyes